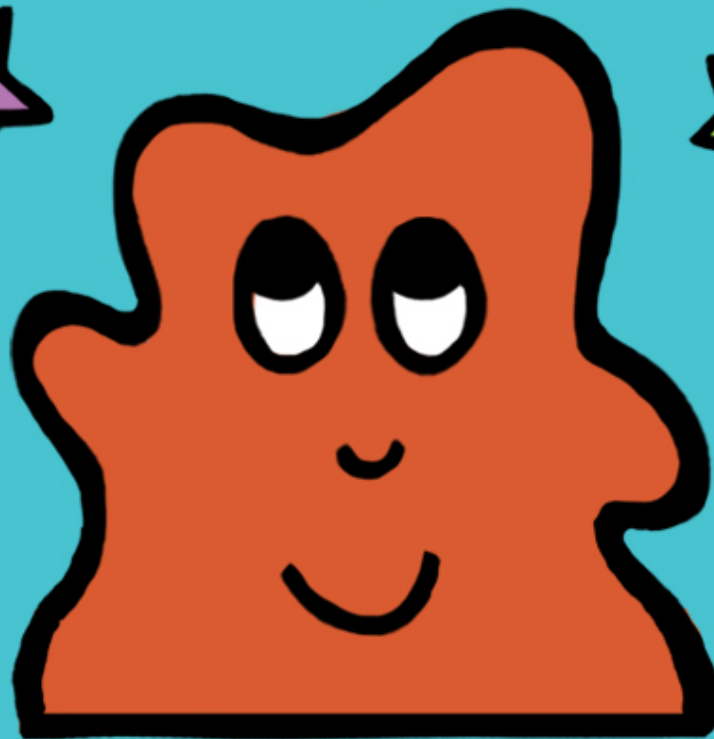
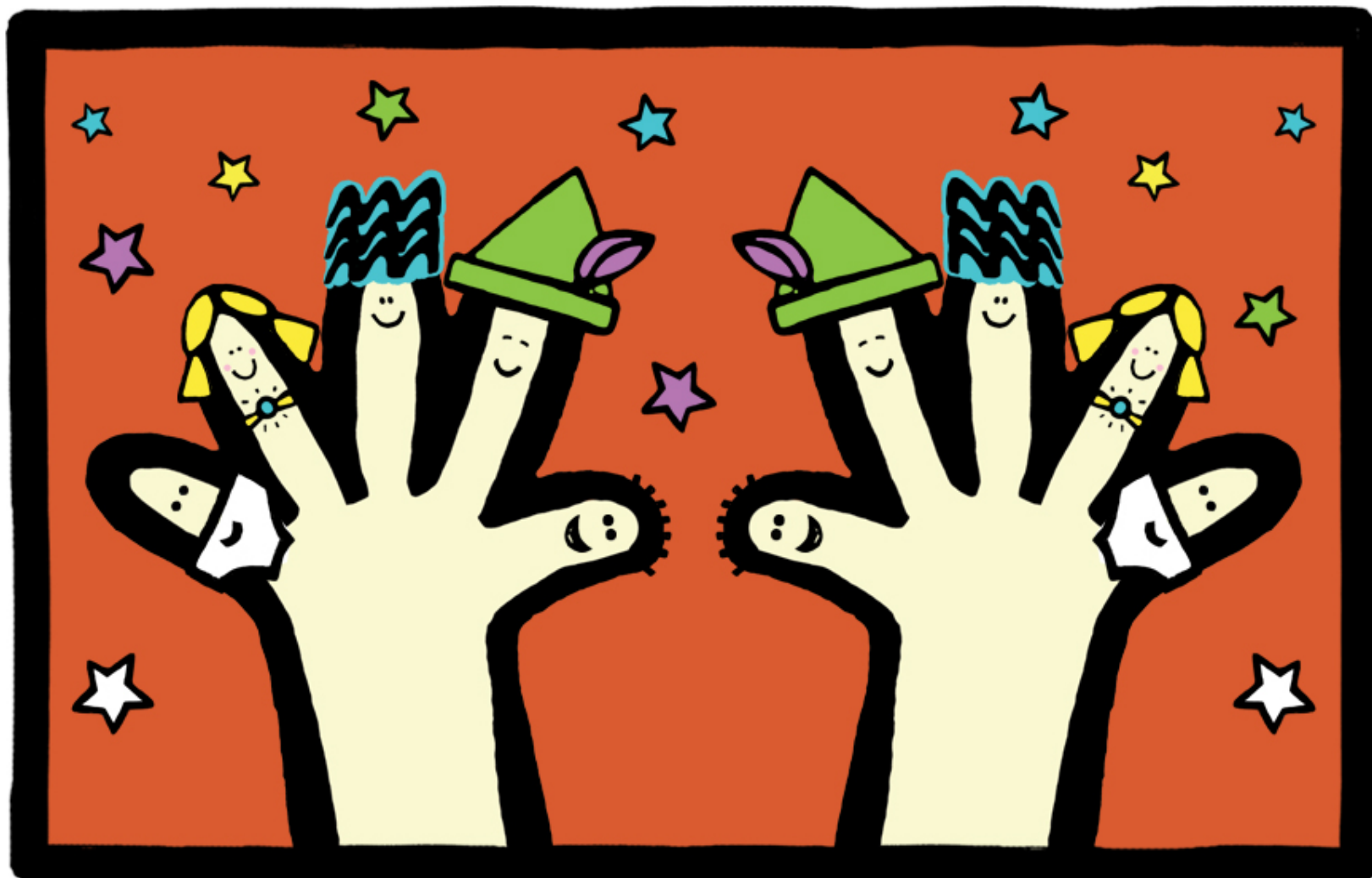


Let's go to the
Dough Disco



By Shonette & Amy



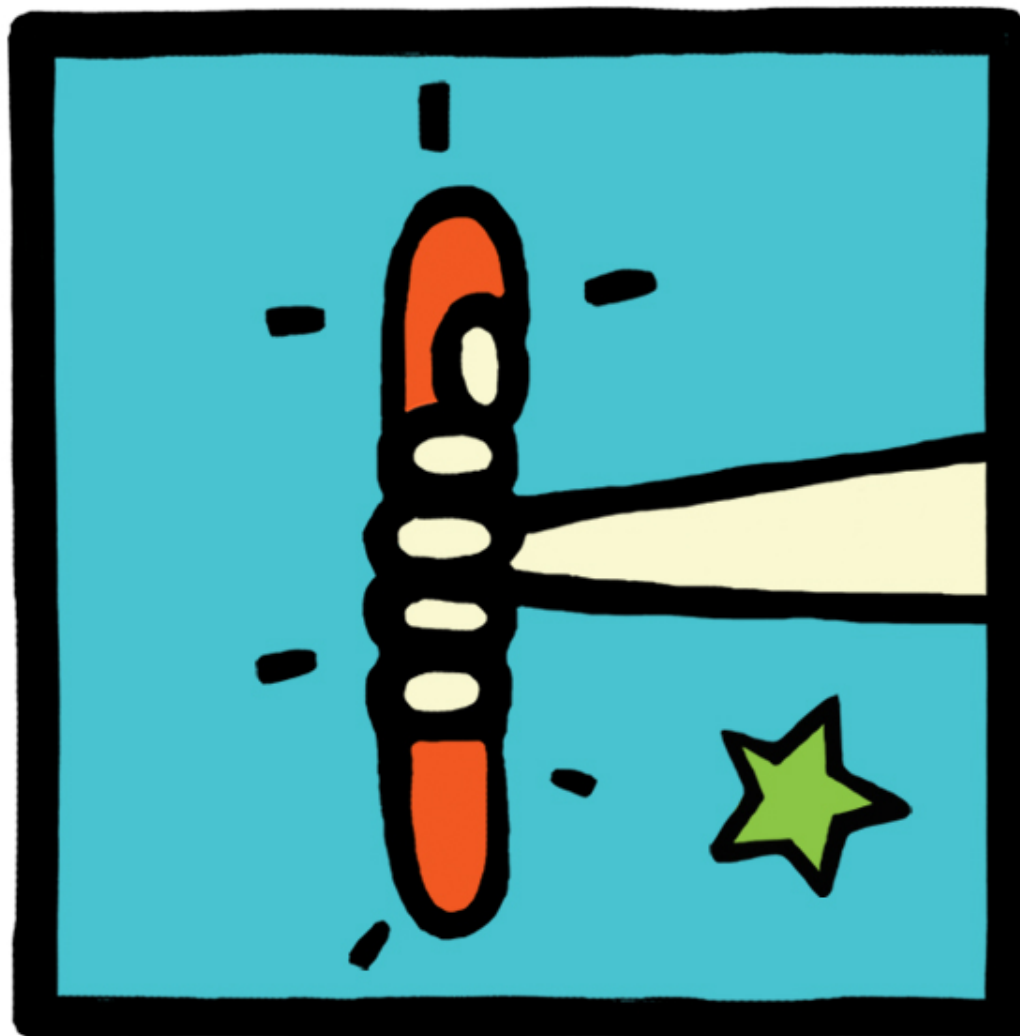
Are your fingers ready?

Have you got your -Disco Dough ready?



Put the Song on and let's go...

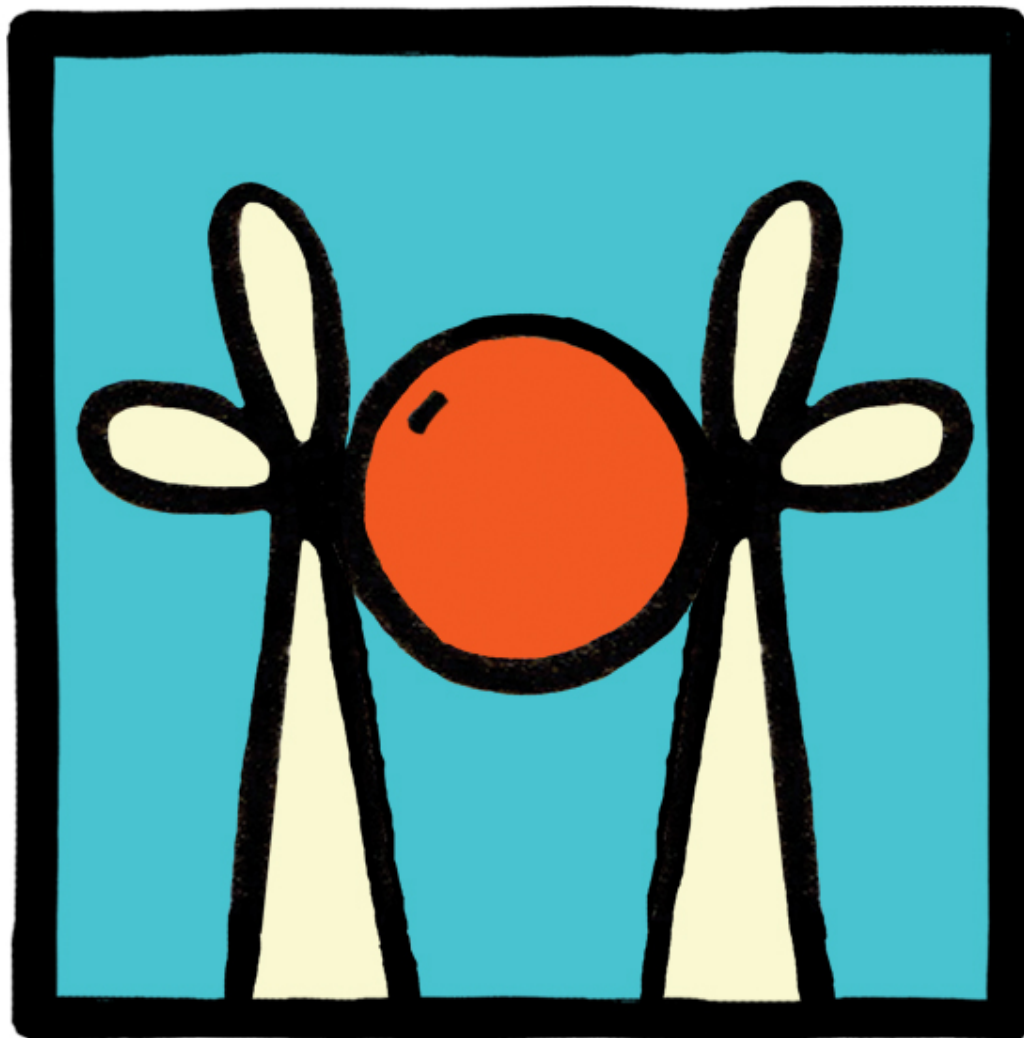
Move I



Squeeze and Squeeze

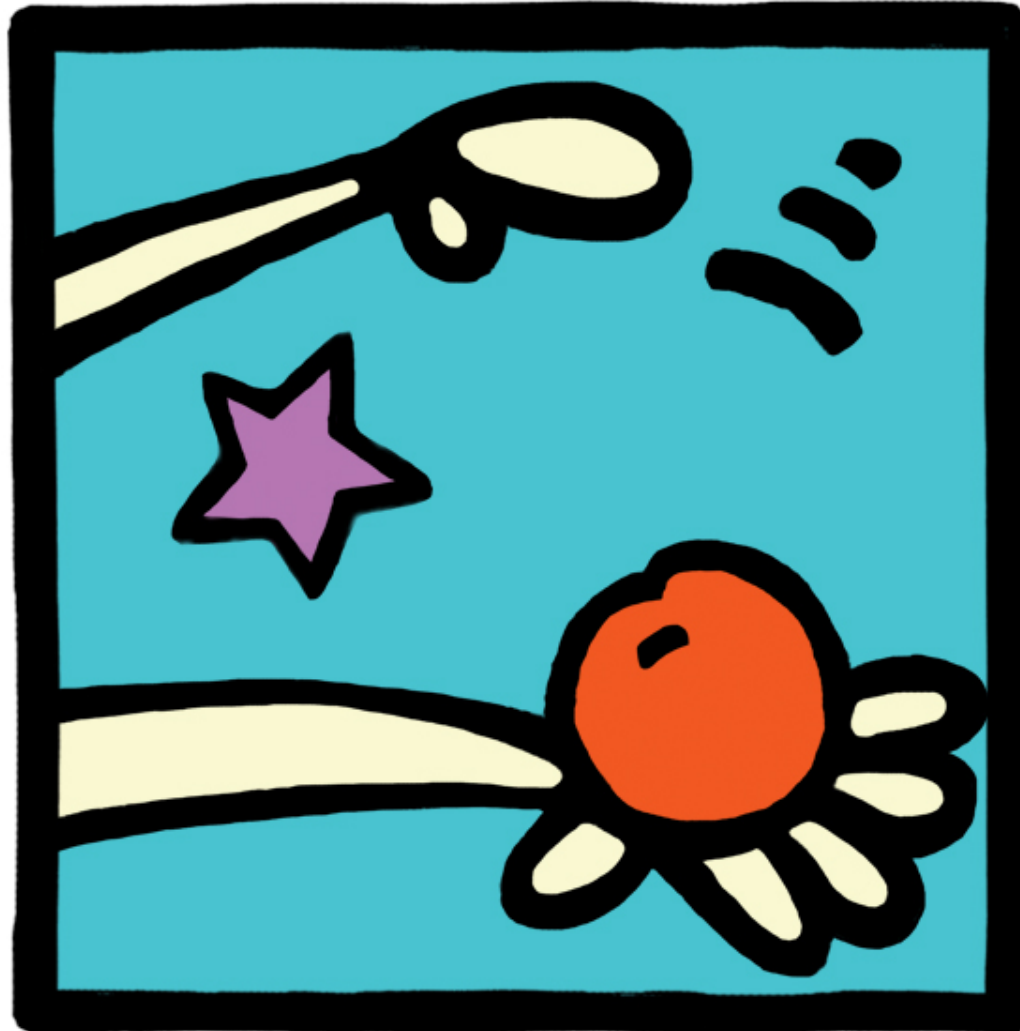
★ Now the other hand ★

Move 2



Ball it and ball it

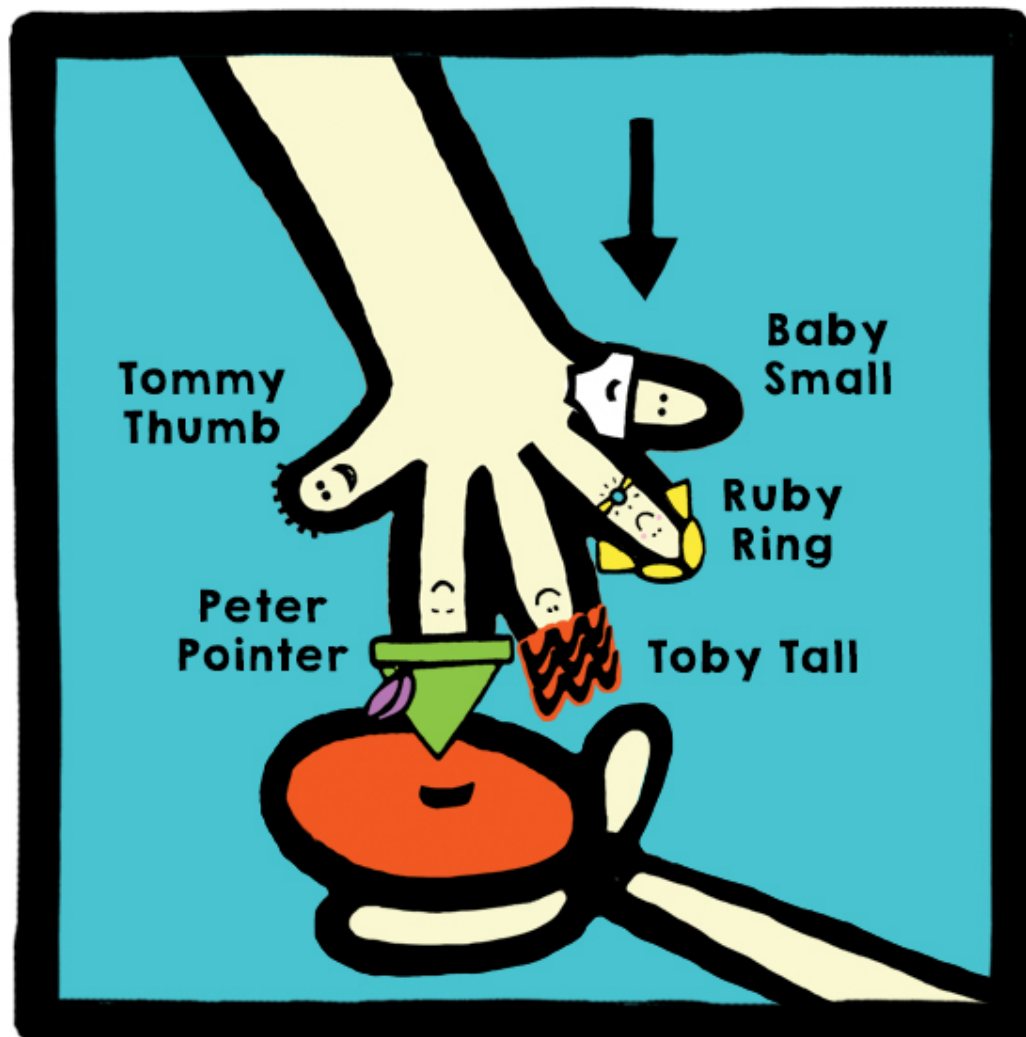
Move 3



Smack it! Smack it!

★ Now the other hand ★

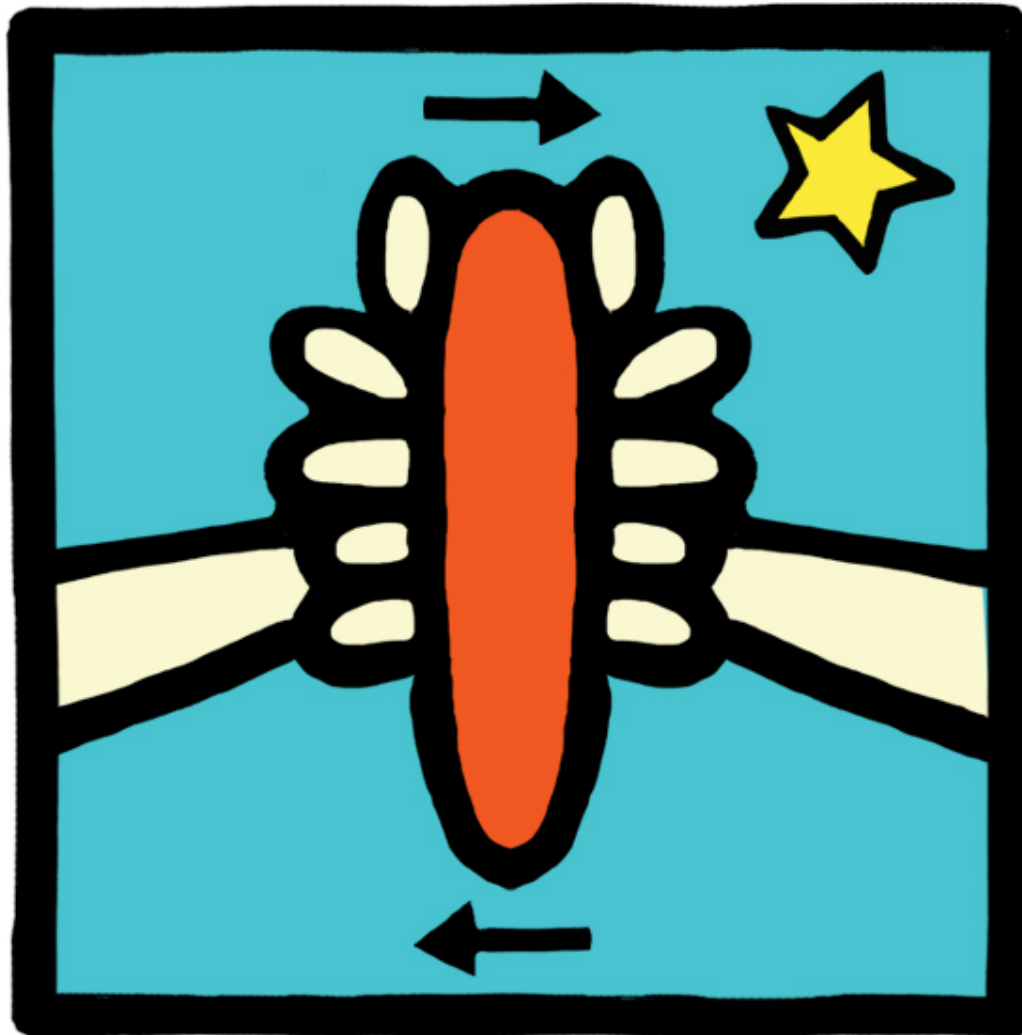
Move 4



Take each finger on the dance floor

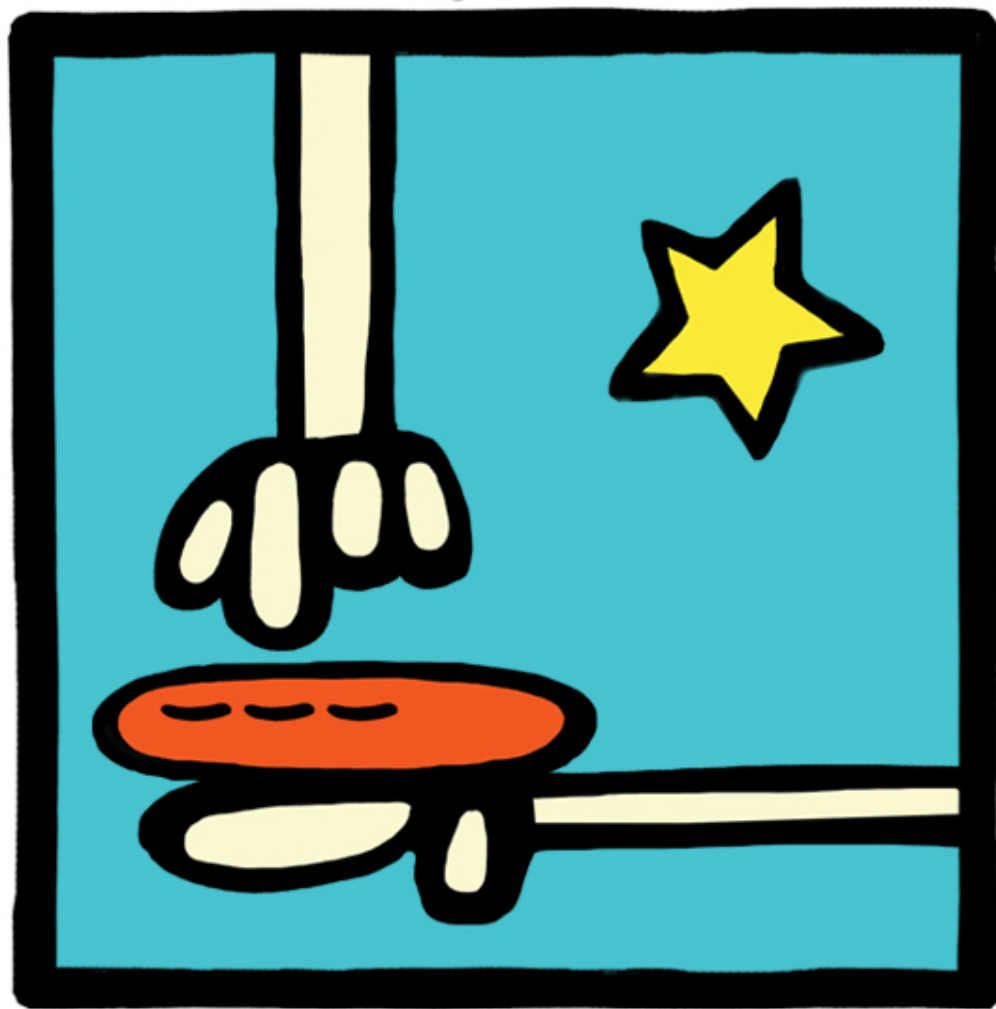
★ Now the other hand ★

Move 5



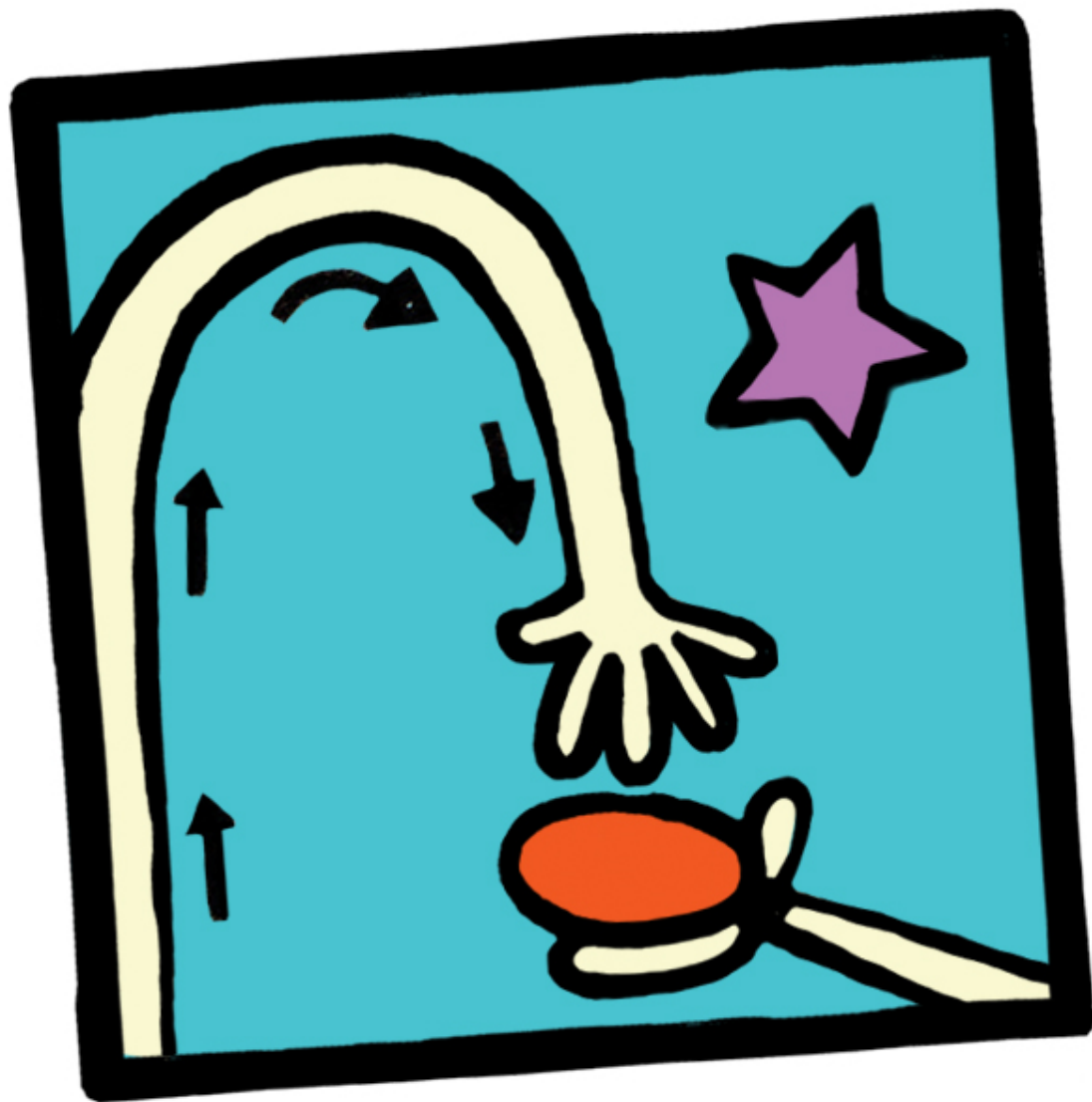
Let's make a SauSage!

Move 5 continued...
Can you nip your SauSage?



Ouch ouch is it hurting your SauSage?

Move 6

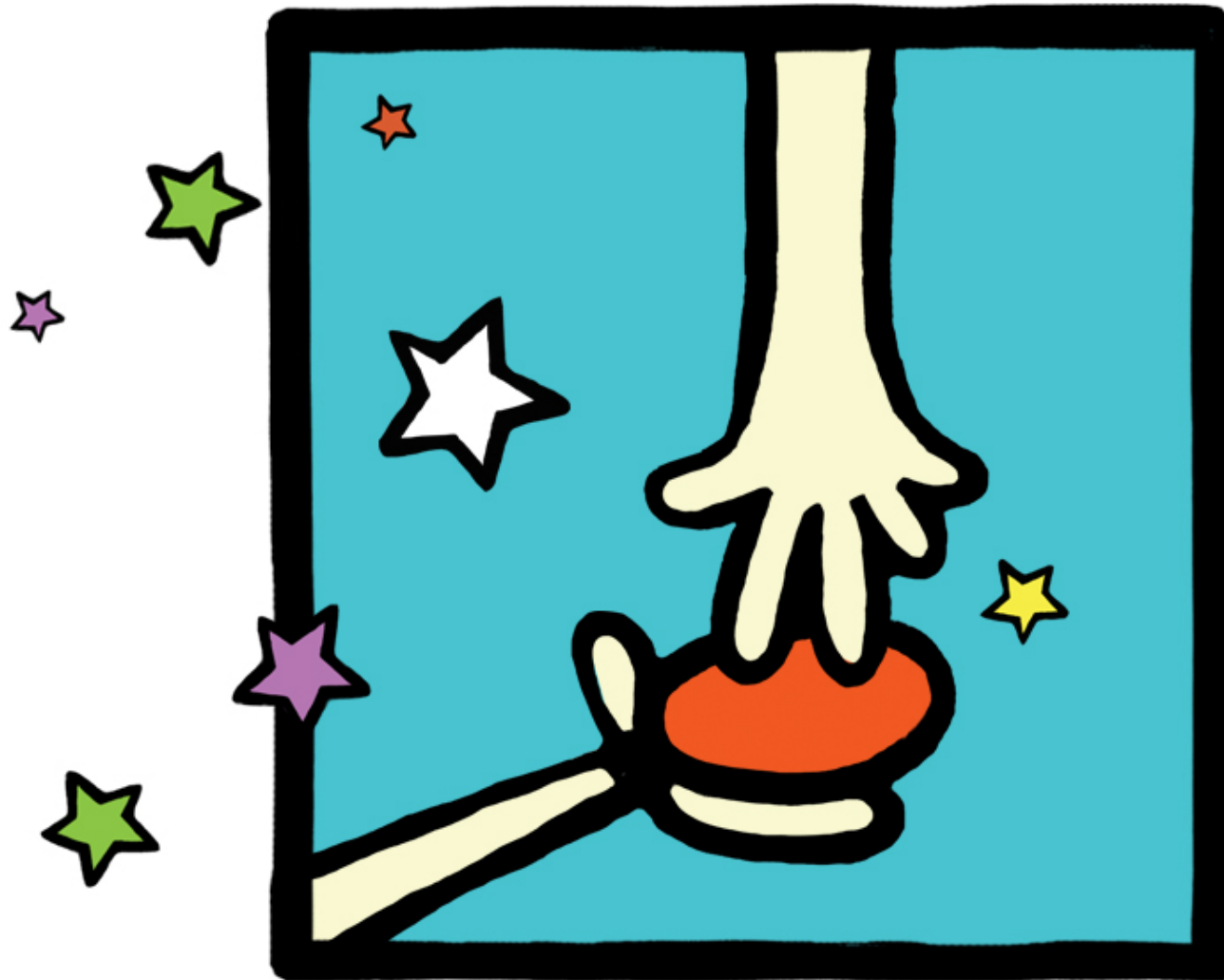


Our fingers
are going
diving! One
at a time!

Whoo! Whee!

★ Now the other hand ★

Move 7



Two fingers on the dance floor for a
dance off! Which two will it be?

★ Now the other hand ★

Move 8
Turn your SauSage into a piano!



Pia, pia, piano! Let your fingers go!

★ Now the other hand ★

Move 9



Ball it, Squeeze
between two palms

...Nip and pinch, nip
and pinch. What are
you making?

A pizza

Show your
friends in Slow mo!

Move 10

Ball it, Squeeze it
between two palms,
nip and pinch the middle
till your thumb goes
through...

It's a
dough-Nut!



Let the other Tommy thumb have a turn!

Pop your dough into the pot and click!

Did you love going to the
Dough Disco
today?

For more fun visit:
www.spreadthehappiness.co.uk

