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Activity cards

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Bubble Fun!

You need:

1/2 cup washing up liquid
5 cups water
1 teaspoon sugar
2 tablespoons glycerine

TIPS:

- Microwave in a large tub for 10 seconds for better bubbles!
- Other things to blow out of:
- funnels
- plastic tubes
- rope tied in a hoop
- tennis racquet
- plastic netting

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Finger Paints

You need:

2 cups white flour
2 cups cold water
food coloring

TIPS:

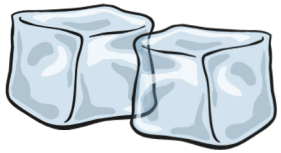
- Add other materials to make it a differing sensory experience.
- Instead of food colouring, use powdered jelly for colour and scent.
- Children to play with on a plastic surface then take a print.
- Put paint onto a plastic mirror to get a nice reflection back when playing, again take print.
- Warm in microwave, just prior to use.
- Put in shallow tray and use feet.

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Ice Fun!

You need:

ice



TIPS:

- Put water into moulds with children.
- Freeze objects into ice.
- Grate to make snow.
- Provide salt to melt ice.
- Use range of moulds eg. small balloons and gloves.
- Add food colouring before freezing.
- Layer up different colours as they freeze.
- Put ice in water and add toy boats, penguins, etc.

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Flax Fun!

You need:

packet of flax
water

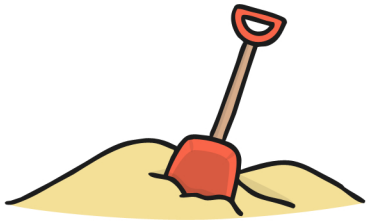
TIPS:

- Give to children to play with dry.
- It is very silky and slides between your fingers.
- Add water and boil to make a very glutinous mixture.



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Semolina

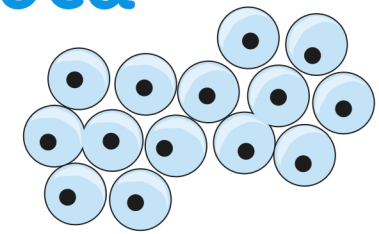


You need:
1 cup sand
½ cup corn flour
¾ cup hot water

TIPS:
- Use as an alternative to sand, it has a lovely texture and is great for pouring.
- It forms little balls when wet.
- Allow children to mix with water to make a very sticky and grainy paste.

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Tapioca



You need:
Packet of tapioca
Water
Food colouring

TIPS:
- Allow children to explore dry tapioca as it is a great alterative to sand and feels great, but can become very static.
- Boil tapioca according to instructions using water instead of milk, add food colouring. Great for putting in the water tray as frogspawn.

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Colour Mix

Play Dough
- Give children balls of primary colours, allow them to mix.

Hand Painting
- Paint one hand one colour and the other another.
- Rub hands together to make new one.

Water
- Add primary coloured food colouring to clear pots of water.
- Use syringes or pipettes to transfer water to another pot and create new colours.

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Cereal Fun

Rice Crispies
- Add water and colouring, listen and squish.

Oats
- Dry - avoid excessive eating.
- Add water to make squishy & silky.

Wheat Biscuits
- Float on water.
- Mix with water.

Cornflakes
- Mix with water and colour.

Chereos
- Thread into string or make them float on water.



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Silky Dough



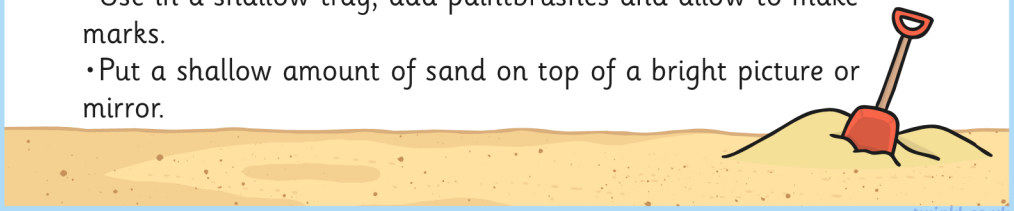
You need:
8 parts flour
1 part baby oil

Method:
1. Mix together, it will be soft but holds together like wet sand.
2. Add a splash of food colouring.
3. Use different scents of baby oil, appropriate to colour.

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Sands Good!

TIPS:
- Add a splash of water and washing up liquid for another sensory element.
- Add food colouring too.
- Add PVA glue and a dash of paint, paint on card and then dry to create a longer term creation.
- Add glitter.
- Add metal objects and children use magnets to find the objects.
- Use in a shallow tray, add paintbrushes and allow to make marks.
- Put a shallow amount of sand on top of a bright picture or mirror.



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Sugar Paints

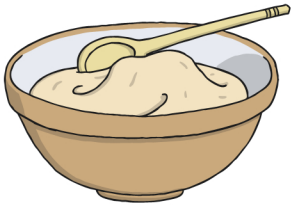


You need:
icing Sugar
powder paint
water

Method:
1. Make a thin solution of icing sugar and water. Spread over paper.
2. Sprinkle powder paint over paper.
3. Allow to dry (takes a long time).
4. It dries shiny.

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Salt Dough



You will need:
4 cups salt
1 cup corn flour
water

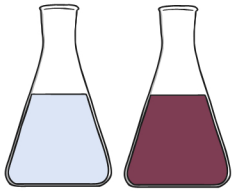
Method:
1. Mix salt and corn flour in pan.
2. Add enough water to form a paste.
3. Cook over medium heat, stirring constantly.

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Laboratory

You need:

cooking oil
vinegar
baking powder
baby oil
salt
sugar
cloths
spoons
water
ketchup
corn flour
flour
ice
food colouring
lolly sticks
pipettes
plastic pots
plastic bottles
bicarbonate of soda



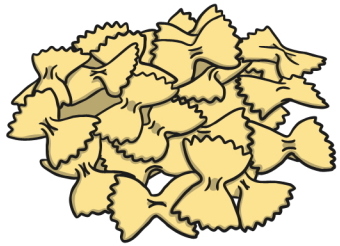
Use the materials to create a fun laboratory and encourage mixing and experimenting!

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Pasta

You need:

pasta shapes/ spaghetti
food colouring
water
cooking oil



Method

- Cook pasta according to packet.
- Add food colouring to water before cooking and plenty of oil to prevent sticking and make it slimy.
- When cooked, rinse well with hot water.

Try different pasta shapes and using instant noodles for speed.

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Nature Fun!

Soil: Add dinosaurs, bugs, animals, garden tools, pots etc.
Turf: Add dinosaurs, animals, tractors, small people etc.
Autumn leaves: Give children a wheelbarrow to collect and put into paddling pool to jump in.
Hay/ straw: Smells great, children can make nests, feed animals etc. Provide hay bail to pull apart great for motor skills.
Feathers: Large amount of craft feathers in paddling pool to sit in.
Shells: A large selection presented on blue material, shiny metal trays or child safe mirrors.



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